

CLEAN VERSION OF EACH REPLACEMENT PARAGRAPH/SECTION

CLAIM UNDER 37 CFR §1.121

Kindly enter the following:

IN THE SPECIFICATION

On page 4 of the specification, 5<sup>th</sup> paragraph,

B<sub>1</sub>

As shown in the drawings for purposes of illustration, the present invention is concerned with a yoga mat, referred to generally in the drawings by the reference number 10, having a body placement guide design (referred to in FIG. 1 by the reference number 12, in FIG. 2 by the reference number 14, in FIG. 3 by the reference number 16, and FIG. 4 by the reference number 18, in FIG. 5 by the reference number 20, in FIG. 6 by the reference number 22, in FIG. 7 by the reference number 24, and in FIG. 8 by the reference number 26) on a top surface 28 of the mat 10 to facilitate proper placement of the body parts, alignment, improvement and fine tuning in yoga postures. In the several illustrated embodiments, the same reference numbers will be used for similar features common in the embodiments throughout the description.

On page 6 of the specification, 2<sup>nd</sup> paragraph

B<sub>2</sub>

The pattern design 12 includes indicia 42 positioned from the longitudinal axis 30 at a forty-five degree angle. As illustrated in FIG. 1, this indicia comprises lines extending from the longitudinal axis 30 at a forty-five degree angle. However, as illustrated in FIGS. 7 and 8, the indicia may be merely aligned with the longitudinal axis 30 at a forty-five degree angle. As

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B2

seen in Figs. 1 and 6, a marker 54 may also be placed at the center point of mat 10 (which is also the center point of quadrants 24-40) where longitudinal axis 30 and transverse axis 32 intersect. Marker 54 may be circular.

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On page 6 of the specification, 6th paragraph,

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B3

It will be noted that the indicia and segments 42-52 typically extend away from the center of the mat. The indicia 42-48, often in the form of parallel and vertical guidelines, incrementally help the practitioner as body parts are moved away from the center of the design 12-26. As seen in Fig. 8, a marker 56 may also be placed at the center point of mat 10 (which is also the center point of quadrants 34-40) where longitudinal axis 30 and transverse axis 32 intersect. Marker 56 may be circular. Additional markers 58 may also be placed at a plurality of points where indicia 42-48 intersect as well as at the points indicia 42-48 intersect longitudinal axis 30 and/or transverse axis 32. Markers 58 may be circular. As a whole, the design 12-26 is intended to be pleasing to the eye and fill the space of the mat 10 to facilitate body alignment with the more or less one thousand postures that the practitioner can perform. Once the practitioner understands the most common and used positions and how they relate to the mat design 12-26, other positions can be applied to the design using common sense.

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VERSION WITH MARKINGS TO SHOW CHANGES MADE

IN THE SPECIFICATION

Please replace the following paragraphs starting on page 4 of the Specification under Detailed Description of the Preferred Embodiments with the following replacement paragraphs:

On page 4 of the specification, 5<sup>th</sup> paragraph,

As shown in the drawings for purposes of illustration, the present invention is concerned with a yoga mat, referred to generally in the drawings by the reference number 10, having a body placement guide design (referred to in FIG. 1 by the reference number 12, in FIG. 2 by the reference number 14, in FIG. 3 by the reference number 16, and FIG. 4 by the reference number 18, in FIG. 5 by the reference number [22] 20, in FIG. 6 by the reference number 22, in FIG. 7 by the reference number 24, and in FIG. 8 by the reference number 26) on a top surface 28 of the mat 10 to facilitate proper placement of the body parts, alignment, improvement and fine tuning in yoga postures. In the several illustrated embodiments, the same reference numbers will be used for similar features common in the embodiments throughout the description.

On page 6 of the specification, 2<sup>nd</sup> paragraph

The pattern design 12 includes indicia 42 positioned from the longitudinal axis 30 at a forty-five degree angle. As illustrated in FIG. 1, this indicia comprises lines extending from the longitudinal axis 30 at a forty-five

degree angle. However, as illustrated in FIGS. 7 and 8, the indicia may be merely aligned with the longitudinal axis 30 at a forty-five degree angle. As seen in Figs. 1 and 6, a marker 54 may also be placed at the center point of mat 10 (which is also the center point of quadrants 34, 36, 38, 40) where longitudinal axis 30 and transverse axis 32 intersect. Marker 54 may be circular. *is an intersection point* N<sup>o</sup>

On page 6 of the specification, 6th paragraph,

It will be noted that the indicia and segments 42-52 typically extend away from the center of the mat. The indicia 42-48, often in the form of parallel and vertical guidelines, incrementally help the practitioner as body parts are moved away from the center of the design 12-26. As seen in Fig. 8, a marker 56 may also be placed at the center point of mat 10 (which is also the center point of quadrants 34, 36, 38, 40). Marker 56 may be circular. Additional markers 58 may also be placed at a plurality of points where indicia 42-48 intersect as well as at the points indicia 42-48 intersect longitudinal axis 30 and/or transverse axis 32. Markers 58 may be circular. *As a whole, the design 12-26 is intended to be pleasing to the eye and fill the space of the mat 10 to facilitate body alignment with the more or less one thousand postures that the practitioner can perform. Once the practitioner understands the most common and used positions and how they relate to the mat design 12-26, other positions can be applied to the design using common sense.* N<sup>o</sup>